



St John's C of E Primary Academy

PSHCE and SRE Policy

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Date of issue: February 2017
Review date: February 2018

Key Personnel

Principal: Sarah Cockshott

Chair of Governors: Fr Roger Gilbert

ST JOHN'S CE (A) PRIMARY SCHOOL PERSONAL, SOCIAL, HEALTH & CITIZENSHIP EDUCATION POLICY (PSHCE)

(Including Sex Relationships and Drugs Education)

St John's CE (A) Primary Academy School is distinguished by its commitment to Christian education, worship and values, including teaching a respect for people of other beliefs. The more recent Every Child Matters agenda is an important agenda that underpins this policy.

Rationale:

We aim to ensure that each child realises his or her full potential, developing confidence, independence, self-esteem, together with a full respect for all people. We provide high quality teaching and stimulating learning opportunities that are happy and safe. We meet the needs of individual children in a caring Christian environment, developing mutually supportive links between home and school and ensuring our commitment and provision for safeguarding all the pupils in our care is of the highest quality.

Definitions:

PSHCE: Personal, Social, Health and Citizenship Education addresses the personal, social, health, citizenship, emotional and spiritual well-being of pupils. We seek to create a learning environment, which enables children to feel good about them -selves as they grow towards adulthood.

Sex and Relationships Education: This is defined as: "lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care." DfE 0116/2000. In the context of a primary child we believe in empowering pupils to make informed choices to stay healthy and safe.

In partnership with others, the school aims to prepare pupils for the opportunities, responsibilities and experiences of life. We feel it is important to encourage children to form supportive relationships by developing skills, understanding and positive attitudes. The school therefore addresses Sex and Relationships education within its PSHCE programme. (See Appendix A)

Drugs Education: In creating a safe environment, the governors take seriously their duty of care to each pupil by educating and providing a safe environment where the pupils are protected from the misuse of legal substances such as alcohol, tobacco, medicines and solvents, as well as illegal substances. We have a comprehensive teaching programme to promote healthy lifestyles and understand the consequences of misuse of these substances.

We encourage pupils to seriously consider consequences, habits and the importance of healthy life styles. We see this as the joint partnership responsibility of parents, carers and family and school.

In accordance with our anti bullying policy we actively promote respect, personal responsibility and the unacceptable behaviour of bullying and discrimination

Citizenship: Linked to our teaching of citizenship and local community involvement and responsibility we educate pupils to understand the importance of positive social behaviour in and out of school and engage only in law abiding activities this teaching is underpinned by our school Christian ethos and community action RE units of work.

Aims:

- To enable each child to develop a deep sense of self worth, self respect and social awareness, in the knowledge that we are all important as God's people.
- To provide a secure, stable, supportive environment where trusting relationships are built within a Christian framework of understanding and forgiveness.
- To develop skills such as those which enable the sharing of feelings and opinions, the making of informed decisions, risk awareness, ways of obtaining help and understanding the needs of others.
- To provide strategies to ensure integrity can be maintained when faced with peer pressure.
- To provide reassurance that the physical and emotional changes that take place as children grow towards adolescence and adulthood are normal and acceptable.
- To ensure that all children have balanced information at the appropriate level in order to keep themselves and others safe and healthy.
- To develop an informed appreciation of people's beliefs, attitudes and values, respecting others and challenging stereotypes.
- To promote the importance of stable, loving relationships within the family context of home, school and the wider community.
- To help children understand they have rights and should have control over who touches their bodies.
- To foster the development of outside interests and leisure activities.
- To make PSHCE a whole-school responsibility, working in collaboration with parents, the church and the wider community.
- To develop a sense of citizenship, together with an understanding of how society helps individuals and of the contributions that individuals can make to society.
- To provide positive role models.

Objectives:

- To provide knowledge and understanding about physical, emotional, social, spiritual and creative changes which occur as pupils grow towards puberty and adulthood.
- To develop an awareness of the effects of people's actions and an acceptance of responsibility for their own actions (Discipline & Behaviour Policies, School Council)
- To offer a range of learning styles and experiences using flexible group work in order to provide and practise decision making techniques and to develop problem solving and inter-personal and communication skills.
- To ensure all pupils have equal access to the whole curriculum (Equal Opportunities, SEN and PSHE Policies)

- To encourage positive behaviour and attitude and academic and social achievement (Behaviour and Discipline Policies, Marking Policy, Assemblies, Displays of children's work, Reward systems, Homework diaries)
- To provide a spiral curriculum that is age appropriate for the whole school.
- To provide information about how the body works, with due regard to health & safety.
- To have a shared understanding of morality and of how staff will foster an understanding of this for pupils
- To provide pastoral support to pupils and appropriate liaison with parents and other outside agencies, including Learning Support Service (LSS).
- To create opportunities for pupils to talk to others and reflect on their own attitudes and values and those of others (Registration, Assemblies, School Council, schemes of work)
- To identify named people to oversee aspects of the PSHCE Policy
- To offer role models that value caring relationships and healthy lifestyles
- To involve all appropriate staff in the production and dissemination of the PSHCE Policy
- To encourage parental involvement including the provision of workshops on curriculum issues to encourage understanding and support (Home/School Agreement, School Prospectus, Homework diaries, PTFA)

Appendix A

Sex And Relationships Education (SRE)

1. SRE is part of the science and PSHCE curriculum delivered to pupils in Year six. The teaching of this subject will commence during the Spring term in Year six.
2. The content of SRE teaching the statutory requirements of the National Curriculum and including the '**Growing up talk about bodily changes that happen to boys and to girls**' delivered by the School Nursing Team.
3. Pupils are given the opportunity to ask questions anonymously using a question box. Only questions that relate to the National Curriculum, the DfE PSHCE guidelines are answered.
4. This unit is delivered within the context of our Christian ethos and follows the recommended guidance from the Local Authority and the National Health Service.
5. The lessons are delivered by trained staff and involve the school nurse wherever possible.
6. The full programme is delivered to single gender groupings by an adult of the same gender wherever possible accompanied by a member of staff.
7. Parents of pupils from Year six will be notified at the start of the Spring term of teaching arrangements and given the opportunity to discuss the teaching materials. (See letter below)
8. Parents have a right to withdraw their child from SRE lessons and should notify the Headteacher in writing in advance of the lessons taking place.

Dear Parents,

Re: Year 6 PSHCE Education.

During their PSHCE lesson next Year 6 will be studying how their bodies are changing.

The '**Growing up talk about bodily changes that happen to boys and to girls**', will be delivered to the Year 6 girls by our school nurse Mrs and to the Year 6 boys by Mr, an NHS male Nurse Health Worker. The topic will be discussed in a sensitive but informative manner and follows the recommended guidance from the Local Authority and the NHS. The topics of puberty and personal hygiene will be presented.

At the end of the lesson pupils are given the opportunity to ask questions anonymously using a question box. Only questions that relate to the National Curriculum and the DfE PSHCE guidelines are answered.

Whilst parents have a right to withdraw their child from this lesson we believe it to be extremely beneficial for your child.

Following the lesson, pupils often talk to their parents afterwards at home. For this reason we are keen that you are informed and prepared for such discussions. Should you be concerned about any aspect of this work, a copy of the Governors' PSHCE Policy is available on the school website for your information. If, after reading the Policy you require any further clarification, please feel free to contact me directly.

Yours sincerely,

Reviewed February 2017 R.Rudd
To be reviewed February 2018